1 in 8 Black adults aged 45 years and older are experiencing Subjective Cognitive Decline Among Black Adults. 54% of Black Adults with SCD had to give up day-to-day activities such as cooking, cleaning, and taking medication.

Talk to a healthcare provider about:
- Possible treatment
- Care planning
- Management of chronic conditions
- Caregiving needs

Less than half of Black adults with SCD have discussed their symptoms with a healthcare provider.

MEMORY LOSS IS NOT A NORMAL PART OF AGING

Learn more at usagainstalzheimers.org