



BRAIN HEALTH ACADEMY

UsAgainstAlzheimer's

Evidence-based courses to equip healthcare and wellness providers with the knowledge and resources to help people reduce the risk of dementia and Alzheimer's.

COURSE TOPICS



Understanding
Inequities in
Alzheimer's &
Other
Dementias



Hypertension
and
Dementia



Nutrition
and
Dementia



Sleep
and
Dementia



Physical
Activity
and
Dementia



Social
Isolation,
Loneliness
and
Dementia

Free. Courses and Continuing Education (CE) credits are free of charge. Registration is required to attend the live or the recorded sessions.

Convenient. Each of the 1-hour courses will be recorded and available for viewing on-demand for up to 60 days after the live presentation. Recorded sessions are also CE eligible.

Respected. Courses are taught by preeminent experts in the field and developed in collaboration with highly respected partners who have expertise in each area. Science-backed content is drawn from the latest research and recommendations.

Culturally Relevant. People of color run a much greater risk of experiencing cognitive decline than white people. The Academy is committed to ensuring participants gain a greater understanding of the factors that increase the risk of dementia among people of color while providing information and resources to help professionals address this major challenge.

Practical. Each course includes practical implementation strategies including validated screening tools, downloadable patient education resources, and clinical guidance.

Patient-Informed. Courses includes patient and caregiver insights on the topic at hand. Custom surveys of UsAgainstAlzheimer's more than 10,000 strong A-List Community ensure those who are most affected have a voice in these discussions.

COMING SOON:

Obesity and Dementia
Diabetes and Dementia
Hearing Loss and Dementia
Alcohol Use and Dementia
Cognitive Training and Dementia
Depression and Dementia
Smoking and Dementia
And More!



ENROLL TODAY! →

usagainstalzhimers.org/brain-health-academy