

What Matters Most – Paid Leave

n=357, complete responses 236

January 20, 2020

Summary of Key Findings

- **Nearly 9 in 10 (87%) respondents reported they did not receive paid leave while caregiving for a loved one.**
 - Almost half (48%) of those not receiving paid leave reported the lack of availability as the reason.
- **Nearly 10% of respondents changed their employment status to accommodate caregiving.**
- **Nearly a quarter (23%) of respondents reported they felt less focused on their work because of their caregiving responsibilities and nearly 14% reported feeling “nervous all the time”, which negatively affects work.**
- **More than 8 in 10 (84%) of respondents reported they would be interested in receiving paid leave in the future.**
- **Two in three (66.8%) respondents think that Congress should make paid leave a priority.**

Demographics

Age

Answer	%	#
Age 21-30	0.6%	2
Age 31-40	2.0%	7
Age 41-50	7.2%	25
Age 51-60	22.9%	80
Age 61-65	23.5%	82
Over Age 65	<u>43.8%</u>	<u>153</u>
	100.0%	349

Gender

Answer	%	#
Female	76.7%	267
Male	22.7%	79
Prefer not to say	<u>0.6%</u>	<u>2</u>
	100.0%	348

Education Level

Answer	%	#
Graduate School	35.5%	123
Some Graduate, no degree	7.5%	26
4 year College	25.7%	89
Some College, no degree	12.1%	42
Associates degree	10.4%	36
High School degree	5.5%	19
Technical School	2.9%	10
Prefer not to say	<u>0.3%</u>	<u>1</u>
	100.0%	346

Race and Ethnicity

Answers	%	#
American Indian or Alaska Native	0.6%	2
Black or African American	2.6%	9
White or Caucasian	93.4%	325
Hispanic or Latino	2.6%	9
Asian	0.3%	1
Prefer not to say	0.6%	<u>2</u>
Total	100.0%	348

About this Survey: This A-LIST® What Matters Most Insights survey is a quantitative study with 357 respondents, including people who have been diagnosed with dementia, current and past caregivers, those who may be at risk and those who are interested in brain health.

About the A-LIST: The UsAgainstAlzheimer's A-LIST® is a growing online community of more than 7,500 people living with Alzheimer's, other dementias, or mild cognitive impairment, current and former caregivers, people who believe they are at risk, and those interested in brain health. These survey responses are contributing to IRB research that illuminates and validates their lives and experiences. The surveys offer a way to make their views and preferences heard on issues that span the entire scope of living with dementia. The A-LIST® is part of a broader effort by UsAgainstAlzheimer's called AD-PACE, a groundbreaking patient and caregiver-led collaboration of industry, academics, government agencies and advocates.